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Living With Lymphedema: A Helpful Guide For Lymphedema Management (25 Important Pieces Of Advice)



Synopsis

If you or someone you love is living with Lymphedema, then this book is for you! Today only, get this incredibly useful guide for only \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Lymphedema is a disease that affects the lymphatic system in the body, which is the part of the circulatory system responsible for carrying a liquid around the body called lymph. Lymph and your lymphatic system on a whole houses your white blood cells, which, as you may know, produce antibodies that kill germs. Some people are born with lymphedema, which is called primary lymphedema. This happens when the person's lymphatic system is not fully developed at birth. Then there is secondary lymphedema, which happens when outside factors such as injury, radiation, or infection damages your lymphatic system. Lymphedema can also occur as one of the ugly side effects of cancer treatment. Lymphedema is a chronic condition, and the treatment for the disease is complex. The good news is that the suffering you experience can be limited, and throughout this ebook, you will be guided with lots of tips and suggestions for how to live with and treat your lymphedema. Here Is A Preview Of What You'll Learn... Embracing Your Illness Taking Care of Your Skin Lymphatic Drainage Bandaging, Wrapping, and Compression Therapy Dealing with the Emotional Side Effects Temperature Control Much, much more! Download your copy today! Tags: lymphedema, lymphedema management, lymphedema wrapping, how to manage lymphedema, living with lymphedema, lymphodema, lymphadema

Book Information

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Customer Reviews

Great advice covering all the FAQs. We need a book on where to buy shoes or clothes. It is difficult to find medical supply stores who carry all the needs so a go to for those would have been nice.

It's nice to see someone finally writing about this disease. Life can be difficult especially when you are living with Lymphedema and you certainly need some encouragement and some wise words to help you out, because sometimes this infection can interfere with your normal life. When you have a guide like this, however, you can not go wrong and you will learn how to live and accept who you are, embracing some changes and still enjoying your life. That's great.

Lymphedema has taken a toll on me not only physically, but mentally and emotionally. This book is informative. Provides good advice and reminds me of the facts and points to consider and how to keep this disease in perspective.

This is the type of book I love to read, one without a lot of useless information. When a book gives good condensed information I generally give it a good rating. This one is worth the little that it costs.

,Didn't learn anymore than I already knew. You can't cure it you just learn to live with it. Bess

It's not easy to born or live with Lymphedema. This book helps you understand the disease and provided 25 pieces of advice you don't find it anywhere else. I found this book to be very easy to read and informative. I strongly recommended this book if you are looking for a helpful guide as how to manage and live with Lymohedema.

Troubles with your lymphatic system is not curable. You are able to manage it to some degree, however it will never go away. This book talks about many of the different advice that people have given you. This book narrowed it down to the 25 that were most important.

My father in law was recently diagnosed with this problem, a shock for entire family because the man is an avid sportsman and still runs marathon even though he's sixty years old. Anyway my wife and me needed more information and perhaps an additional more holistic approach to treating this problem, and this book provided a lot of information we needed.

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